



8135 Kekaha Road./P.O. Box 129
Kekaha, HI 96752

Wellness Policy

2025-2026

Vision Statement

Hoohanohano i na tupuna o Niihau.

We honor our Niihau ancestors.

Ma Ke Kula Niihau O Kekaha e ulu pono ai ta olelo a me ta moomeheu Niihau ma o ta kotua a me ka tatoo nui o na ohana a me ta kaiulu no ta hooitaita ana i ta haaheo a me ta kuleana waiwai like.

Ke Kula Niihau O Kekaha is where our Niihau language and culture thrive through significant contributions of family and community cultivating a sense of pride and ownership.

Preamble

Ke Kula Niihau O Kekaha recognizes that good physical and mental health that is age appropriate and culturally relevant fosters improved student attendance, education and learning.

Nutrition & Health Education

All haumana in grades PreK-12 will receive nutrition and health education that is age appropriate and culturally relevant that teaches the skills they need to adopt healthy eating, health promoting and nutrition-related behaviors.

Physical Activity

All haumana in grades PreK-12 will have access to age appropriate and culturally relevant physical education and activities that will develop knowledge and skills necessary to participate in physical activities, physical fitness and promote a healthy lifestyle.

- Outside facilities are open for haumana use during non-instructional hours.
- Haumana in grades 9-12 participate in physical education course aligned to HIDOE graduation requirement.

Approved 4.15.26

School Meals

Ke Kula Niihau O Kekaha will provide school meals and snacks which meet or exceed the nutritional standards required by the State and National School Lunch and Breakfast Program.

Foods and beverages sold or served at school will meet the nutrition recommendations of the U.S. Dietary Guidelines.

Adequate dining facilities are provided with adequate seating in a clean, safe and comfortable environment.

Other: Fundraising, Concessions, School Stores, Etc.

Whenever possible, fundraising activities, concessions and school stores are encouraged to adhere to meet state and federal regulations and guidelines.

School staff shall encourage healthy food choices in all school environments and activities.

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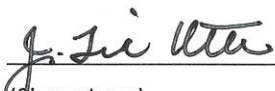
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Kevin Vidinha
(Board President)



(Signature)

J. Tia Koerte
(Principal)




(Signature)

Kukui Lang
(Food Service Program)




(Signature)

Tiani Ruiz
(Teacher)




(Signature)

Momi Niheu-Schmidt
(Staff)



(Signature)

Nui Parongao
(Parent)



(Signature)

Miliani Parongao
(Student)



(Signature)